



PREPARE  
to  
CARE

Stay Ahead of the Crises  
and Emergencies

## Preparation is the Key to Saving Your Marbles!

- Prepare to C.A.R.E. = Simple to remember, easy to start.
- C – Have a Conversation. Realize the time to do it is now.
- A – Assemble the important documents. Assess the Financial Situation. Remember, organization is the great stress-reliever & time-saver.
- R – Everyone has a Role to play.
- E – Ease into this. Start with simple. One step at a time.

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For more info, visit [www.TheEldercareNavigator.com](http://www.TheEldercareNavigator.com), call 303-905-3144 or email  
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# Who Else Needs This Info?

- Your employees need this information.
- If they are organized and have a plan, you'll have less absenteeism, less presenteeism and more productive employees. Bottom line – this is a cost you can affect.
- I can help your company too. Contact me - 303-905-3144, Suzanne@SuzanneBlankenship.com
- More than 1 in 6 Americans are working full or part-time while assisting with the care an elderly or disabled relative.\*
- Those working at least 15 hours/week indicated that their eldercare responsibilities have affected their work.\*
- 42% of US workers have provided care for an aging relative or friend in the past five years.\*\*
- 6 in 10 caregivers have experienced at least 1 impact or change to their employment situation as a result of caregiving.\*\*\*

\*Gallup-Healthways Well-being Index (2011) \*\*The Elder Care Study: Everyday Realities and Wishes for Change (NY: Families and Work Institute, 2010).  
\*\*\*Caregiving in the US - AARP/National Alliance for Caregiving (2015)

