

Using Difficult Conversations to Build Consensus



Task / Unfavorable

Procedures / Constraints
Emotion - Fear
Fear - Criticism of Work, Being
Wrong, Sloppy Methods

AVOID

Introvert / Less Powerful

Implementor

Pace / Consistency Emotion - Non-emotional Fear - Loss of Security, Change, Loss of Harmony ACCOMMODATE

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People / Favorable



Problems / Challenges
Emotion - Anger
Fear - Being Taken Advantage Of,
Loss of Control, Vulnerability

COMPETE

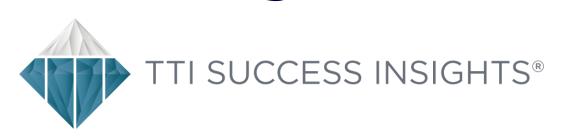
Extrovert / More Powerful

Innovator

People / Contacts
Emotion - Optimism
Fear - Social Rejection,
Disapproval, Being Ignored
COLLABORATE

INSTINCTIVE	THEORETICAL	INTELLECTUAL
People who are driven by utilizing past experiences, intuition and seeking specific knowledge when necessary.	KNOWLEDGE	People who are driven by opportunities to learn, acquire knowledge and the discovery of truth.
SELFLESS	UTILITARIAN	RESOURCEFUL
People who are driven by completing tasks for the greater good, with little expectation of personal return.	UTILITY	People who are driven by practical results, maximizing both efficiency and returns for their investments of time, talent, energy and resources.
OBJECTIVE	AESTHETIC	HARMONIOUS
People who are driven by the functionality and objectivity of their surroundings.	SURROUNDINGS	People who are driven by the experience, subjective viewpoints and balance in their surroundings.

12 Driving Forces™



INTENTIONAL	SOCIAL	ALTRUISTIC
People who are driven to assist others for a specific purpose, not just for the sake of being helpful or supportive.	OTHERS	People who are driven by the benefits they provide others.

COLLABORATIVE	INDIVIDUALISTIC	COMMANDING
People who are driven by being in a supporting role and contributing with little need for individual recognition.	POWER	People who are driven by status, recognition and control over personal freedom.

RECEPTIVE	TRADITIONAL	STRUCTURED
People who are driven by new ideas, methods and opportunities that fall outside a defined system for living.	METHODOLOGIES	People who are driven by traditional approaches, proven methods and a defined system for living.



Which do you think best describes difficult conversations?

A. differing opinions, perceptions, needs/wants
B. strong feelings/emotions
C. significant consequences/stakes
D. All of the above

Difficult Conversations Defined

Definition - anything you don't want to talk about

What makes them challenging?

- Resistance to change
- Different communication preferences
- Playing a role
- Lack of preparation
- Not learned appropriate skills
- Emotions stress, fear, anger, vulnerability, uncertainty

Communication Types

Passive - the victim; blames others; avoids expressing feelings, protecting their rights, and meeting their needs

Passive-aggressive - two-faced; unreliable; passive on the surface, acting out in anger indirectly, feel incapable of dealing directly with the issue

Aggressive - must win; hostile; expresses feelings and opinions and advocate for themselves in a way that violates the rights of others

Manipulative - cunning; hidden messaging; skilled at influencing and controlling others to their own advantage

Assertive - most effective; least used; clearly states feelings and opinions, firmly advocates for rights without violating the same from others

In your workplace, which communication type is most common?

A. Passive

B. Passive-aggressive

C. Aggressive

D. Manipulative

E. Assertive

Describe the performance area and why it's important

- Be empathetic, open, and friendly
- State what you observed (not feelings)
- Highlight one area

"I'd like to talk about..."

"I think this is impacting..."

"What I have observed is..."



Seek the other person's opinion

- Use open-ended questions and LISTEN
- Encourage people to analyze their performance
- Do not dominate... build TRUST

"How do you feel you handled the situation?"

"What's your view?"

"Let's analyze the situation for a bit."



Ask the other person to identify specific ways to enhance performance

- Draw out specific suggestions
- This suggests that you respect their ability to solve problems and generate ideas

"What's the one thing that impedes your success?"

"What specific area will you focus on first?"



Give feedback on the other person's ideas

- Encourage, reinforce, and then redirect
- Give big picture details
- Explain how their ideas would affect them/the team

"I think your idea of_____is a good one."

"I'd also like to suggest that you think about..."



The other person summarizes the action items and sets a follow-up date

- Reaffirms commitment and helps the person get started
- Sets the pace by putting the plan into action
- The other person is accountable for the results

"Can you summarize what you are going to do next?"

"How will you follow up and share your progress?"



Express confidence and support

- Your confidence in others builds their self-confidence
- Describe why you believe the person will be able to achieve the goals

"I have every confidence in your ability to..."

"Please let me know how I can support you."



Have you watched Rachel Botsman's TED Talk "We've stopped trusting institutions and started trusting strangers"?

A. Yes

B. No

Validation

- Communicate, in your own words, that you understand that person's experience in the moment
- It works because it...
 - Disarms the other person
 - Gets to the root of the problem
 - Builds trust
 - Enhances your own self-respect

Validation

Listen - (1) internal, (2) focused, (3) global

Actively, with empathy, be open, deeper awareness

Acknowledgement

Acceptance of their experience

Acceptance Of What Is

 We expect others to experience things the way we do, but experience isn't universal

Validating the Legitimacy of Experience

 If reaction is out of proportion to the event, the reaction is based on past experience

lave you read the book Messages: The Communication Skills Book by Matthew McKay

A. Yes

B. No







+1 (480) 540-9399
michael@michaelsseaver.com
michaelsseaver.com
linkedin.com/in/michaelsseaver